



REFLECT, REFRESH, REFOCUS

Sunday, January 10, 2021 - Reflect

*Day One will focus on Reflection. What has happened in the year? What does it mean to come together?
What are we celebrating, and what have we lost?*

Pre-Gathering Opportunities

[4:00PM - 4:45PM EST / 1:00PM - 1:45PM PST](#)

ARJE 101: How To Make The Most Of ARJE Membership (For new and new-ish members)

Calling all new ARJE members and those that would like a refresher of how our organization enhances your career! Learn all there is to know about the ARJE and how you can get the most out of your membership. Meet some of our board members and others who have recently joined the ARJE for a fun and informative start to a great few days together.

Facilitator(s): Membership Team Chairs Heather Erez, RJE and Stephanie Schwartz, RJE

ShalomLearning Come and Play Event

Stop by to chat, play a game, and walk away with a fun tool for teaching Hebrew in a virtual classroom

Facilitator(s): Debi Himelfarb, Chief Operating Officer and Heidi Lovitz, Director of Educational Programming

Format: Interactive and Drop-Ins Welcome

Core Sessions: "Reflect"

[5:00PM - 5:45PM EST / 2:00PM - 2:45PM PST](#)

Welcome Program: Igniting Our Flame

After a year like no other, we will gather together to allow space for reflection, to re-ignite our communal flame, and enter into holy space together.

Speaker(s): Rabbi Stacy Rigler, RJE, Rachel Opatowsky, RJE, Dr. Katherine Schwartz, RJE Marisa Kaiser, RJE, and the ARJE members.

Facilitator(s): Beth Young, RJE.

Format: This will be a large group gathering featuring music, ritual, craft, and break-out sessions.

[6:00PM - 6:45PM EST / 3:00PM - 3:45PM PST](#)

Reflection Program 1: Falling Forward

Together we will reflect with colleagues on how we have succeeded and what we have learned during the COVID pandemic. Three educators from the areas of early childhood, elementary, and informal education/engagement will share about their pivots and successes during the COVID pandemic.

Speaker(s): Kerith Braunfeld, Hannah Demick, Ellen Lefkowitz, RJE.

Facilitator(s): Rabbi Jen Goldsmith, Emily Messinger, RJE.

Format: A large group session followed by small breakout rooms.



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Reflection Program 2: Our Past Year And Cohort Connection Time

In this session, we will explore all that was lost and hopefully gained while living through a pandemic, both on a personal level as well as a professional level. Through small and large group reflections, our hope is that we leave this session honoring what has happened, so we can look to the future to refresh ourselves.

Facilitator(s): Heather Rosenthal, Denise Crevin, RJE, and Cohort group leaders.

Format: Pre-assigned cohort groups ending with a large group reflection and music.

"After Hours" Events

[8:00PM - 8:45PM EST / 5:00PM - 5:45PM PST](#)

Chaver Society Presents: Educators' Toast

Join us as we roast and toast the past year and the amazing educators of ARJE Toasts and Roasts shared by Rena Fraade, RJE Rabbi Stan Schickler, RJE, Behrman House, Rabbi Ron Segal, CCAR President, and other surprise guests.

Facilitator(s): Advocacy Team chairs Rabbi Rena Rivkin, Laura Perpinyal, RJE.

Format: Anything and everything.. You will laugh, cry and enjoy everything ARJE



REFLECT, REFRESH, REFOCUS

Monday, January 11, 2021 - Refresh

Day Two will focus on refreshing ourselves and our communities. We will pray, create, relax, move, and rejuvenate. We will ask how our traditions sustain our soul and our community refreshes our spirits.

“Early Risers” Events

10:00AM - 10:45AM EST / 7:00AM - 7:45AM PST

Affinity Group - How Has COVID Affected Our Work-Life?

Use this time to chat with others who are working through COVID-related work challenges. We will share ideas, brainstorm solutions, and provide support for the new situations we are presented with daily.

Facilitator(s): Rabbi Carrie Vogel, RJE

ARJE Workout Options

Start the day with some movement. Certified instructors will lead us in Bootcamp and Barre/Pilates via Zoom to get our hearts and bodies moving or join us on Peloton #PeloARJE

Facilitator(s): Rabbi Arianna Gordon, RJE

Core Sessions: “Refresh”

11:00AM - 12:45PM EST / 8:00AM - 9:45AM PST

Refresh Program 1: Creative T'filah Experience

Rae Antonoff will combine her expertise in art and Jewish spirituality to guide us for a special Tefilah experience. She will share examples of her artistic interpretations of specific prayer themes and guide us through creating our own original art pieces. Rae regularly leads workshops, classes, retreats, & Artist-in-Residence programs, both locally in Southern California and throughout the U.S.

Speaker(s): Rae Antonoff

Facilitator(s): Rabbi Lisa Levenberg and Andrea Fleekop, RJE

Format: Large group art activity, prayer, and Torah service

1:00PM - 1:45PM EST / 10:00AM - 10:45AM PST

Refresh Program 2: Beit T'Shuvah

An experience with Beit T'Shuvah, a unique community that empowers individuals and families to live meaningful lives through spirituality, psychotherapy, the 12-Steps, and Jewish teachings. More Details Coming Soon.



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2:00PM - 2:45PM EST / 11:00AM - 11:45AM PST

Refresh Program 3: Self Care

Refresh with your ARJE community by choosing your own way to engage during this session. Take a moment to move, laugh, and breathe during this session. Try something new or enjoy a familiar hobby, but no matter what, take this time to refresh. Choose between:

- Crafting
- Dancing
- Meditation
- Torah L'ishma
- A New "Wild Card" Skill

Facilitator(s): Molly Levy

Format: Register for one of five Self Care Options

3:00PM - 3:45PM EST / 12:00PM - 12:45PM PST

Cohort Connection Time

After a day focused on refreshing, connecting with colleagues to reflect and connect. Format: Re-group with your cohort from Sunday night to spend some time processing the day together.

Facilitator(s): Denise Crevin, RJE and Cohort leaders

"After Hours" Events

4:00PM - 4:45PM EST/1 :00PM - 1:45PM PST

Let's Play: Bingo: Brain Break!

After a busy day of learning, join colleagues for an informal opportunity to socialize and play Bingo. Bring your favorite snacks for this virtual game.

Facilitator(s): Rabbi Arianna Gordon, RJE

Format: Large Group Game

Chaver Society Presents: Better Together with Bess Adler

Details Coming Soon!



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[5:00PM - 5:45PM EST / 2:00PM - 2:45PM PST](#)

Schmooze & Snack

Join ARJE friends and colleagues for a chance to schmooze

Format: Sign up on Facebook or in the Whova app

Chaver Society Presents: ShalomLearning: What Do We Take Into the Future?

Education Directors and teachers share the jewels they discovered while schools were in hybrid mode. What will we bring into the future to effect positive change in Jewish Education?

Facilitator(s): Debi Himelfarb, Chief Operating Officer and Heidi Lovitz, Director of Educational Programing

Format: Presentation and Interactive dialogue

[6:00PM - 6:45PM EST / 3:00PM - 3:45PM PST](#)

Schmooze & Snack

Join ARJE friends and colleagues for a chance to schmooze

Format: Sign up on Facebook or in the Whova app

Chaver Society Presents: Mandel Teacher Educator Institute - Conflict Resolution

Details Coming Soon!

[7:00PM - 7:45PM EST / 4:00PM - 4:45PM PST](#)

Affinity Group - How Has COVID Affected Our Home Lives?

This time slot will be set aside for people who want to share, process, and get support for the personal challenges related to working during this time. Whether you are living alone, being a first-grade teacher while also being a full-time educator, or taking care of elderly parents, this will be an opportunity for us to support each other during this complicated time.

Facilitator(s): Rabbi Carrie Vogel, RJE

[9:00PM - 11:45PM EST / 6:00PM - 8:45PM PST](#)

Dinner &/or Drinks

Join ARJE friends and colleagues for a chance to schmooze

Format: Sign up on Facebook or in the Whova app



REFLECT, REFRESH, REFOCUS

Tuesday, January 12, 2021 - Refocus

*How can we inspire each other for what lies ahead? What will remain, what will change?
Where do we go from here personally, professionally, and communally?*

“Early Risers” Events

[10:00AM - 10:45AM EST / 7:00AM - 7:45AM PST](#)

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Facilitator(s): Rabbi Carrie Vogel, RJE

ARJE Workout Options

Start the day with some movement. Certified instructors will lead us in Bootcamp and Barre/Pilates via Zoom to get our hearts and bodies moving or join us on Peloton #PeloARJE

Facilitator(s): Rabbi Arianna Gordon, RJE

Core Sessions: “Refocus”

[11:00AM - 11:45AM EST / 8:00AM - 8:45AM PST](#)

Traditional T'filah Service

A joyful and upbeat, "traditional" service. We will be using Mishkan Tefilah as well as a variety of additional readings and stories.

Led By: Cantor Rebecca Robbins and Rabbi Carrie Vogel, RJE

Attitude Of Gratitude T'filah Service

How can we create and experience powerful spiritual moments on the same devices we use for Netflix, work, and social media? Let's "refocus" with creative ways to connect and be present in sacred space even while distant. Service will be interactive, intentional, reflective, and embrace an attitude of gratitude! Featuring new original musical prayer settings.

Led By: Jay Rapoport, RJE

Facilitator(s): Andrea Fleekop, RJE

Format: Register for one of two T'filah options



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[12:00PM - 12:45PM EST / 9:00AM - 9:45AM PST](#)

Refocus Program 1: What Lies Ahead Personally

There's no wrong way to care for yourself as we head towards the future. Making an effort to keep yourself fulfilled and focused in times of uncertainty.

- *Contract Negotiations with Rabbi Stan Schickler, RJE - How to navigate employment in uncertain times.*
- *We All Knead Some Love with Natalie Peikoff - Baking as self-care*
- *Who Knew? Creating a Quarantine Staple with Micah Hart - A deep dive into the world of Who Knows One?*

Facilitator(s): Joel Swedlove

Format: Register for one of three sessions

[1:00PM - 1:45PM EST / 10:00AM - 10:45AM PST](#)

Refocus Program 2: Get Back On Track, Or Build A New One

Finding inspiration and energy for what lies ahead, and planning for a new vision of the future.

- *Keep It or Leave It with Rabbi Sam Joseph, Ph.D., RJE How the adjustments we've already made can inspire how we move forward*
- *Best Foot Forward with Lisa Langer, RJE Taking inventory of available resources, strengths, and skills to plan for future successes*
- *Be Brave and Bold with Nachama Moskowitz, RJE Building a roadmap to new experiences, instead of rebuilding the old ones*

Facilitator(s): Ben Mazur

Format: Register for one of three sessions

[2:00PM - 2:45PM EST / 11:00AM - 11:45AM PST](#)

Refocus Program 3: Closing Program: Bein Kodesh L'Chol

As we prepare to depart from this shared holy space, we will savor what we've gained as we have imagined what lies ahead. Having experienced a mini Shabbaton we will commit to re-igniting our personal and professional paths with the help of our colleagues and friends. With Havdalah as our metaphor, we will take a moment to be present in our senses and our awareness of being blessed.

Presenter(s): Dr. Miriam Heller Stern, RJE

Format: As a large group we will mark a communal moment of bravery and courage



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[3:00PM - 3:45PM EST / 12:00PM - 12:45PM PST](#)

Cohort Connection Time

After a day focused on refocusing, connecting with colleagues to reflect and connect. Format: Re-group with your cohort from Sunday and Monday to spend some time thinking about what lies ahead.

Facilitator(s): Denise Crevin, RJE and Cohort leaders

“After Hours” Events

[4:00PM - 4:45PM EST/1:00PM - 1:45PM PST](#)

Affinity Group - How Has COVID Affected Our Work-Life?

Use this time to chat with others who are working through COVID-related work challenges. We will share ideas, brainstorm solutions, and provide support for the new situations we are presented with daily.

Facilitator(s): Rabbi Carrie Vogel, RJE

[8:00PM EST/5:00 PM PST](#)

We're Off To Houston: An Evening On Racial Justice With Eric Ward Of Race Forward

Paula and Alfred Friedlander Forum present Eric K. Ward, Western States Center's Executive Director on Pursuing Justice: Racial and Social Justice in Our Time sponsored by Congregation Beth Israel in Houston, Texas and the ADL. Zoom details will be provided upon registration.

Facilitator(s): David Scott, RJE